

HEALTH BEHAVIOR COACHING (C)

NUTR 221N	Basic Human Nutrition	3
Total Hours		25

Minimum Required Grade: C-

Admission requirements for the Certificate Program in Health Behavior Coaching include:

1. Sophomore level or higher standing;
2. 3.0 GPA;
3. BIOH 201N and BIOH 202N pre-requisite or co-requisite; and
4. letter of intent.

The Student Wellness Program and HHP are collaborating on the Health Behavior Coach Certificate. Staff in the Wellness Program will offer the 2 day training and will be able to monitor whether students have met that requirement prior to receiving their certificate.

In addition to the courses listed above, students must complete the requirements for a bachelor's degree from an accredited university.

Professional Certificate - Health Behavior Coaching

College of ED & Human Sciences

Degree Specific Credits: 25

Required Cumulative GPA: 2.0

Catalog Year: 2017-2018

Note: Admission requirements for the Certificate Program in Health Behavior Coaching include:

1. Sophomore level or higher standing;
2. 3.0 GPA;
3. BIOH 201N and BIOH 202N pre-requisite or co-requisite; and
4. letter of intent.

Summary

Core Courses	25
Total Hours	25

Core Courses

Rule: Students must complete the following courses

Note: HTH 395 must be completed for 2 credits and CHTH 498 must be completed for 4 credits

CHTH 485	Theories of Health Behaviors and Counseling	3
CHTH 498	Internship	4
HTH 370	Peer Health Education	3
HTH 395	Peer Health Practicum	2
HTH 430	Health and Mind/Body/Spirit	3
KIN 201	Basic Exercise Prescription	3
KIN 483	Exercise Disease & Aging	3
KIN 484	Exercise Disease & Aging Lab	1