

# HEALTH ENHANCEMENT (HEE)

## HEE 203 - Professional Activities I. 2 Credits.

Offered Autumn. The instruction of basic skills for tennis, basketball, and Western Swing. Techniques, drills, and strategies will be taught. Demonstration and instruction skills developed. Active participation required.

## HEE 204 - Professional Activities II. 2 Credits.

Offered Spring. The instruction of basic skills for soccer, volleyball, and golf. Techniques, drills, and strategies will be taught. Demonstration and instruction skills developed. Active participation required.

## HEE 291 - Special Topics. 1-6 Credits.

(R-6) Offered intermittently. Experimental offerings of visiting professors, experimental offerings of new courses, or one-time offerings of current topics.

## HEE 292 - Independent Study. 1-6 Credits.

(R-6) Offered every term. Prereq., consent of advisor and instr. Course material appropriate to the needs and objectives of the individual student.

## HEE 301 - Meth of Secondary HE. 3 Credits.

Offered spring. Application of educational theory in planning, analyzing, and presenting learning experiences to typical and atypical populations in secondary school physical education for students in grades 7-12. Active participation required.

Gen Ed Attributes: Writing Course-Advanced

## HEE 302 - Methods of Instructional Strategies in Elementary PE. 3 Credits.

Offered every term. Prereq. admission into Teacher Education Program in the College of Education and HEE 233. Application of educational theory in planning, analyzing, and presenting learning experiences to typical and atypical populations in elementary school physical education for children in grades K-6. Active participation required.

## HEE 330 - Promoting Well-Being in the Classroom P-12. 1 Credit.

This course is designed to increase students' awareness of the critical role teachers play in enhancing children's emotional, social, mental and physical health. In addition, students will be encouraged to explore the influence of family, community, and school environment on the prevention of substance use and abuse and on the well-being of children and adolescents.

## HEE 340 - Methods of Health Education. 3 Credits.

Offered autumn even-numbered years. Prereq., admission to the teacher education program. Focus on developing and implementing strategies to teach K-12 health education.

## HEE 391 - Special Topics. 1-6 Credits.

(R-6) Offered intermittently. Experimental offerings of visiting professors, experimental offerings of new courses, or one-time offerings of current topics.

## HEE 490 - Undergraduate Research. 1-3 Credits.

(R-6) Offered every term. Prereq., consent of instr. Directed individual research and study appropriate to the background and objectives of the student.

## HEE 492 - Independent Study. 1-3 Credits.

(R-6) Offered every term. Prereq., consent of instr. Course material appropriate to the needs and objectives of the individual student.

## HEE 498 - Internship. 2-6 Credits.

(R-6) Offered every term. Prereq. all HHP options minimum junior standing and ECP 120/121 (or equivalent). Prereqs per option. Exercise Science Applied: KIN 320/321. If internship is coaching or strength & conditioning must also have completed KIN 410 and COA 405. Exercise Science Pre-Professional: KIN 320/321. If internship is cardiac rehab must also have completed KIN 460/483/484. Community Health: CHTH 335. Supervised field experiences with private businesses, public agencies, or institutions. 45 hours of internship site work = 1 credit. A maximum of 6 credits of Internship 498 may count toward graduation. Students should not be registered for more than 14 credits their internship semester.